



PHYSICAL EDUCATION, B.S.P.E.

Teach PE in kindergarten through 12th grade.

Impact young lives through physical literacy.

THE PROGRAM

As you prepare to become a highly effective Physical Education teacher in grades K-12, you will learn to promote daily and lifelong physical activity in children and adolescents. You will develop the skills, knowledge, and dispositions physical education teachers need in order to provide optimal learning for children in their journey of physical literacy. You will have field experiences and internships throughout the program in diverse school settings, where you will work alongside award-winning faculty and experienced physical education teachers.

State reciprocity and our national accreditation make it easy to become certified in most states. Our graduates are also well-prepared to enroll in master's degree programs during their first years of teaching.

SPECIALIZED COURSE WORK

Your course work and field experiences will prepare you to:

- apply theory and science to your teaching and coaching
- design and implement PE curriculum using evidence-based planning and instructional skills
- effectively manage movement settings
- support the learning needs of students with and without disabilities

PROGRAM ACCREDITATION

This program has been accredited by:

- Council for the Accreditation of Educator Preparation (CAEP)
- National Association for Sport and Physical Education (NASPE)



College of Education
UNIVERSITY OF SOUTH CAROLINA

2023-2024

TYPICAL PROGRAM FOR PHYSICAL EDUCATION, B.S.P.E.

FRESHMAN

Fall

Philosophy and Principles of Physical Education
PE Skills Course - Weight Training
PE Skills Course - Badminton/Golf
Reading and Composition
Analytical Reasoning and Problem Solving
Biology Course

Spring

Description and Analysis of Human Movement
PE Skills Course - Basketball/Soccer
Rhetoric and Composition
Introduction to Psychology
Analytical Reasoning and Problem Solving
Chemistry or Physics Course

SOPHOMORE

Fall

Physical Education for Inclusion*
First Aid and CPR
PE Skills Course - Tennis/Track
PE Skills Course - Softball/Volleyball
Human Anatomy and Physiology I
Aesthetics and Interpretive Understanding

Spring

American Coaching Effectiveness Program
Motor Learning in Physical Education
PE Skills Course - Folk/Square Dance
Human Anatomy and Physiology II
Personal and Community Health
Introductory Sociology

South Carolina Teacher Loan

SC Residents might be eligible for the South Carolina Teacher Loan. Visit www.scstudentloan.org for more information.

JUNIOR

Fall

Instructional Aspects of Physical Education and Practicum*
Observational Analysis of Sports Techniques and Tactics
Human Child/Adolescent Growth
Learners and the Diversity of Learning
PE Skills Course - Educational Gymnastics
PE Skills Course - Educational Games

Spring

Instruction of Young Learners in Movement Settings and Practicum*
Physical Education for Primary Grades
Measurement and Evaluation in Physical Education Content
Area Literacy K-12
History Course
PE Skills Course - Educational Dance

SENIOR

Fall

Instruction in Secondary School Physical Education and Practicum*
Teaching Physical Education
Teaching Health Related Physical Fitness
PE Skills Course – Elective
Additional required Carolina Core Course

Spring

Physical Education Curriculum
Directed Teaching in Physical Education*

*Indicates courses with experiences in a school setting.



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